

Direct Primary Care Member Services Guide

Services Included

- Unlimited telehealth visits for sick care or chronic care
- 24-hour appointment availability (no additional charge for weekend, holiday, or late-night visits)
- 1 house included call per member per quarter (every 3 months)
- 50% off additional house calls
- 50% off point of care tests
- Free yearly lab tests with in-home blood draw
- Wholesale pricing on additional lab tests
- Free yearly point of care screenings
- Comprehensive annual wellness exam per member
- Employment physicals
- Sport Physicals
- Yearly flu vaccine
- 25% off wellness services (weight loss programs, beauty programs, IV or IM nutrient therapies)

Yearly Point of Care Screenings

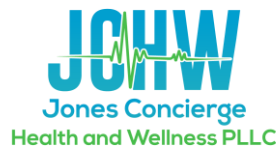
- Cholesterol Testing
- Glucose Testing
- Vision Screening

Yearly Lab Tests Included in Membership

- Complete Blood Count
- Comprehensive Metabolic Panel
- PSA (men age 40 and up)
- Urine Microalbumin (if you have high blood pressure)

Procedures Included in Membership

- Laceration repair with Dermabond
- Wound care
- Abscess drainage
- Ear wax removal
- Suture removal



- Antibiotic Injections (medical necessity required)
- Pain Injections (medical necessity required)

> Members will be given provider's personal cell number to arrange all appointments for services

> Review our **Membership Agreement** for additional information about our DPC policies.

> **We strongly recommend all members carry catastrophic health insurance to cover hospitalizations, surgeries, major procedures and other diagnostic services outside of what is available at JCHW.**

**Note children less than 3 years should continue to see their pediatrician for well checks and developmental screenings. We cannot currently see any patients with Medicare due to CMS guidelines. Patients who are interested in a DPC health plan who have Medicare should contact our office to be added to our waiting list.*